

HAPPY BELLY, HAPPY LIFE

ORGANIC LEAVES, PROBIOTIC, YOGHURT CHOCOLATE

(ITEM NO.: A14408)

Yoghurt leaves with various probiotic bacteria.



Chocolate	Yoghurt chocolate
Flavour	Sweet and sour, like yoghurt
Size & Shape*	10 x 10 x 1.5 mm (big squares)
Applications	Muesli, healthy snack products

Probiotic bacteria: Bifidobacterium lactis and Lactobacillus acidophilus

Good for the intestine**

Probiotic bacteria may have a **positive influence on intestinal flora and immune system**

Contained dosage of probiotic germs of 3×10^9 / g chocolate piece.

GOOD TO KNOW!

Probiotic effect / Dosage

For a muesli with a portion size of 60 g and a chocolate content of 20%, the bacteria content would be $3,6 \times 10^9$. The proportion can be adjusted.

For comparison: A food supplement capsule with probiotics contains approx. 3×10^9 bis 3×10^{10} , depending on the manufacturer.

ORGANIC LEAVES WITH DATE POWDER, DARK CHOCOLATE

(ITEM NO.: A14472)

Tart dark chocolate leaves with natural sweetness from dates. Without refined industrial sugar.



Chocolate	Dark chocolate (cocoa content: 80%)
Flavour	Tart with the mild sweetness of the date
Size & Shape*	10 x 10 x 1.5 mm (big squares)
Applications	Muesli, healthy snack products, ice cream with natural sweetness

Good for the intestine**

Dates with **increased fibre content** and minerals such as potassium & magnesium.

Polyphenols in cocoa for an **anti-inflammatory effect in the intestine**

GOOD TO KNOW!

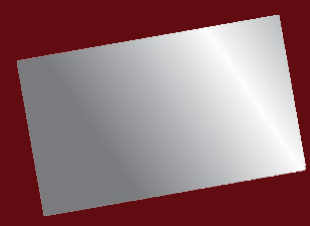
Study-proven efficacy of polyphenols***

The polyphenols contained in dark chocolate have been shown to have a positive effect on the gut microbiome and can help prevent intestinal diseases.

* Size in Width x Length x Thickness

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*** Source: <https://cordis.europa.eu/article/id/428512-harnessing-diet-microbiome-host-interactions-to-fight-colon-cancer/de>



HAPPY BELLY, HAPPY LIFE

PIECES WITH TURMERIC & GINGER, WHITE COCOA BUTTER COMPOUND



(ITEM NO.: A14406)

Pieces with turmeric extract and ginger crispies.

Chocolate	White cocoa butter compound with rice powder
Flavour	Sweet, with a slight ginger spiciness and crunch
Size & Shape*	4 x 4 x 2-10 mm (irregularly chopped)
Applications	Muesli, healthy snack products

Good for the intestine** Turmeric may help relieve bloating and a flatulent stomach
 Ginger & turmeric can aid digestion and have an anti-inflammatory effect in the gut

ORGANIC LEAVES WITH AMARANTH, REDUCED SUGAR, MILK CHOCOLATE



(ITEM NO.: A14398)

Sugar-reduced leaves with crunchy amaranth..

Chocolate	Milk chocolate
Flavour	Milky with cocoa and roasted notes, not very sweet
Size & Shape*	4 x 4 x 2-10 mm (irregularly chopped)
Applications	Muesli, healthy snack products

Good for the intestine** Sugar-reduced compared to conventional milk chocolate: for a reduction in unhealthy gut bacteria and promotion of healthy gut flora***
 Amaranth with high fibre content and rich in nutrients, e.g. iron

LEAVES WITH YUZU, WITHOUT SUGAR, SEMI DARK CHOCOLATE



(ITEM NO.: A14363)

Leaves without sugar substitute with fresh yuzu flavour and fibre.

Chocolate	Semi dark chocolate (cocoa content: 50%)
Flavour	Tart with strong citrus note, not very sweet
Size & Shape*	5 x 5 x 2 mm (small squares)
Applications	Muesli, healthy snack products, ice cream with natural sweetness

Good for the intestine** BallaDietary fibres (inulin and corn dextrin) may have a prebiotic effect and have a positive effect on intestinal function.
 No added sugar & rich in dietary fibre: for a promotion of the intestinal flora

LEAVES WITH BLUEBERRY POWDER, SKYR COCOA BUTTER COMPOUND



(ITEM NO.: A14405)

Purple leaves with the sour note of skyr and fruity blueberry.

Chocolate	Cocoa butter compound with skyr powder
Flavour	Sour like skyr and blueberry
Size & Shape*	10 x 10 x 3 mm (big squares)
Applications	Muesli, healthy snack products, ice cream

Good for the intestine** Lactic acid-containing skyr can support an acidic intestinal environment and improved absorption of calcium.
 Blueberry may help strengthen the intestinal mucosa thanks to the tannins it contains.

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*** Source: <https://www.cuimc.columbia.edu/news/sugar-disrupts-microbiome-eliminates-protection-against-obesity-and-diabetes>